

Training Calendar

Drug & Alcohol Related Training in the
Western Region (Galway Mayo & Roscommon)

September 2014 to January 2015

2014



WRDTF Mission Statement

To work in partnership with statutory, voluntary and community sectors to significantly reduce the harm caused by substance misuse through a concerted focus on: Supply Reduction, Education, Prevention, Treatment, Rehabilitation and Research

WRDTF Training Calendar: September 2014 to January 2015

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	SAOR: Brief Interventions for Alcohol Use	November 13	10
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	Community Reinforcement Approach (CRA)	January 28 & 29	15

How to book training:

General Training booking form	16
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Other training available via the WRDTF and how to access it (Page 16-18)

DEWF: Quality Standards in Drug Education
Work Place Drug Awareness
Drugs & Sexual Health
Responding to Drug-Related Intimidation Programme
<i>Putting the Pieces Together</i> (Train the Trainer)
Drug Awareness
Alcohol Awareness
Young People's Programmes
Case Management
Care Planning
Over-the-Counter Medication
Good Practice in Drug Education

All training is provided free of charge.

Title:	Motivational Interviewing (Level 1)	
Course Duration: 2 days	Fully Booked	
Who should attend? Staff who work with service users who may need to make some changes to reduce the frequency or intensity of problems in their lives. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.	Date & Location: September 10 & 11: Galway January 14 & 15: Mayo	
Number of Places Available: 15	Trainer: Brendan Murphy	
Course Description: Motivational Interviewing (MI) is evidence-based psychological treatment that aims to help people increase their motivation to change.		
Course Content: This short course will be based upon the recent developments in MI and follow the Engaging, Focusing, Evoking & Planning format developed by Miller & Rollnick in their recent book <i>Motivational Interviewing, Helping People Change</i> (3 rd Ed). Participants will be exposed to the fundamental spirit and skills of MI and will have an opportunity to observe, discuss and practice a range of MI skills. Participants will also have the opportunity to discover ways to apply MI within their own work context.		
Learning Outcomes: <ul style="list-style-type: none"> ▪ To have some understanding of the theory of MI ▪ To have some understanding of the skills of MI ▪ To have experience practicing the skills of MI ▪ To have some ideas on how MI could be used in their work with service users 		
Further inquiries: Brendan Murphy Regional Training Officer HSE West Drugs Service Hill House, Mountainview Castlebar, Co Mayo 094 9049231 Brendan.murphy@hse.ie		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie		
Certification/Accreditation: Certificate for attendance for completion of the two-day course		

Title:	Responding to Family Needs in Relation to Drug and Alcohol Use	
Course Duration: 2 hour Information Session		
Who should attend? <ul style="list-style-type: none"> ▪ Key workers ▪ Community Workers ▪ Youth Workers ▪ Family Support Workers ▪ Social Workers 	Dates & Locations: September 25 th : Ballina, Co. Mayo October 2 nd : Castlerea, Co. Roscommon December 1 st : Ballinasloe, Co. Galway	
Number of Places Available: 20	Trainers: Debbie McDonagh	
Course Description: A 2-hour information session to highlight the experience of families affected by substance use and ways to respond		
Course Content: <ul style="list-style-type: none"> ▪ How many families are affected? ▪ Types of substances used ▪ Models of addiction ▪ How are families affected? ▪ How families cope? ▪ Stress strain coping support model ▪ Ways to respond 		
Learning Outcomes: Increase awareness of the effects on families dealing with substance use Increased awareness of referral options/support pathways Increased awareness of ways to respond to families coping with substance use		
Further inquiries: Debbie McDonagh Debbie.mcdonagh@wrdtf.ie or 087-6955557		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie		
Certification/Accreditation: No		

Title:	Low Mood and Substance Use	
Course Duration: 10-4pm	Date: Sept 25 th	
Who should attend? People involved in youth work/new to youth work: youth workers/youth reach staff/FRC staff/Students on placement /Leaders /Volunteers/Teachers/Sports club leaders and coaches	Location: Jigsaw, Galway	
Number of Places Available: Minimum 8, max 12	Trainers: Gillian Conway ESW/ Jen Corbett Jigsaw	
Course Description: This training will provide education and signposting to help people create a basic awareness and understanding of substance use and low mood.		
Course Content: <ul style="list-style-type: none"> - Overview of common mood affecting substances - Outline main depressant/sedative type substances - Look at brain chemistry and mood patterns - identify the co-dependency/cyclic link between low mood and drug use - explore individual/unique factors for use - General overview of what low mood is and the causes of low mood. - General basic overview of the treatments options available for low mood. - Overview of the support services and resources available. - Inform & suggest natural ways to deal with low mood. 		
Learning Outcomes: Trainees will be: <ul style="list-style-type: none"> - Informed of various drug types - Better knowledge of mood lowering substances and the reasons for use - Better awareness of the causes of low mood and the treatment options available - Be able to identify the connection between drug use, physical and mental wellbeing - Have a general awareness of the support services and resources available to people who suffer from low mood. 		
Further inquiries: Gillian Conway gconway@southmayo.com 0867814779		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrddf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the training		

Title:	Putting the Pieces Together (2 Day)	
Course Duration: 2 Days	Dates: Sept 30 & October 1	
Who should attend? Individuals who intend to complete PTPT awareness/prevention courses with young people within organisations and groups in out-of-school settings.	Location: Tuam, Co. Galway	
Number of Places Available: 16	Trainers: Neil Wilson and Gillian Conway, WRDTF Education Support Workers	
Course Description: A two-day training programme on the <i>Putting the Pieces Together</i> training manual, its content and use, incorporating exercises from the manual. This manual sets out to harness an integrated holistic approach to working with young people, parents and communities on the subject of drugs & alcohol. It aims to act as a guide and a resource for persons working with young people of mixed abilities in an out-of-school setting.		
Course Content: <ul style="list-style-type: none"> ▪ To explore and challenge attitudes in relation to substance use ▪ To enhance knowledge and understanding of substance use ▪ To explore how drugs affect the brain and elicit their effects ▪ To develop skills in delivering drugs and alcohol education ▪ To develop an understanding of Best Practice in substance use education ▪ To develop skills in relation to talking to young people about substance use ▪ To give an introduction into the use of brief interventions ▪ To develop an understanding of how to use the resource <i>Putting the Pieces Together</i> ▪ To be aware of services available locally and nationally 		
Learning Outcomes: <ul style="list-style-type: none"> ▪ Knowledge of up-to-date information concerning substance use ▪ Capacity to provide an holistic approach in substance awareness/prevention education ▪ Ability to deliver an awareness/prevention course encompassing issues of self-esteem, mental/sexual health, relationships and skills such as communications/decision making. 		
Further inquiries: Gillian Conway on 086-7814779 gconway@southmayo.com Neil Wilson on 086-7274888 neil@aidswest.ie		
How to book: Please complete the <i>Putting the Pieces Together</i> booking form on page 17 and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the training		

Title:	Motivational Interviewing (Level 2)	
Course Duration: 2 days	Dates: October 8 &9	Fully Booked
Who should attend? Those who have completed level 1 Motivational Interviewing	Location: Galway	
Number of Places Available: 15	Trainer: Brendan Murphy	
Course Description: Motivational Interviewing (MI) is evidence-based psychological treatment that aims to help people increase their motivation to change.		
Course Content: This short course will be based upon the recent developments in MI and follow the Engaging, Focusing, Evoking & Planning format developed by Miller & Rollnick in their recent book <i>Motivational Interviewing, Helping People Change</i> (3 rd Ed). Participants will be exposed to the further aspects of MI and will have an opportunity to observe, discuss and practise a range of MI consistent responses to difficulties that they have encountered while working with their service users. Participants will also have the opportunity to discuss changes in their practice since they completed the Level 1 MI course and discover ways to enhance and support changes that their service users have already made.		
Learning Outcomes: <ul style="list-style-type: none"> ▪ To gain a better understanding of the theory of MI ▪ To increase their fluency in the language of MI ▪ To increase their level of the skill in using MI ▪ To further practice the skills of MI on more complex cases ▪ To have a better idea on when to and when not to use MI skills with service users 		
Further inquiries: Brendan Murphy Regional Training Officer HSE West Drugs Service Hill House, Mountainview Castlebar, Co Mayo 094 9049231 Brendan.murphy@hse.ie		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie		
Certification/Accreditation: Certificate for attendance for completion of the two day course		

Title:	Solution Focused Brief Therapy	
Course Duration: 2 Days	Date: October 22 & 23	
Who should attend? Counsellors, Social Workers, Nurses, Social care Workers, Family Support Workers Probation Officers and relevant staff from employment support, vocational training and criminal justice agencies	Location: Mayo	
Number of Places Available: Minimum 8, Maximum 20	Trainers: Brendan Murphy	
Course Description: Solution Focused Brief Therapy (SFBT) is a short-term goal-focused psychotherapy that helps clients change by creating solutions to their difficulties rather than dwelling on the cause of their problems. SFBT was developed by Steve de Shazer and Insoo Kim Berg. This short course will allow participants to consider how the SFBT approach could be used with their service users and will provide an opportunity to observe, discuss and practice a range of SFBT skills.		
Course Content: Over the two days the participants will be exposed to the history, background theory and current practice of SFBT. Participants will become familiar with both the rationale and the skills necessary to conduct an interview with clients in an SFBT fashion. The techniques will include; <ul style="list-style-type: none"> ▪ Exception Finding Questions ▪ Scaling Questions ▪ The Miracle Question ▪ Giving Appropriate Compliments ▪ How to set goals ▪ How to find 'What's Better' In addition to the skills of SFBT, participants will also be exposed to the workable theories behind the model that include <ul style="list-style-type: none"> ▪ Positive blame ▪ The inevitability of change How small changes are sometimes all that's necessary		
Learning Outcomes: <ul style="list-style-type: none"> • To broaden participants understanding of the theory of SFBT. • To realise when it is appropriate to use SFBT with clients. • To equip participants with the confidence to try the SFBT approach with their clients. • To experience the SFBT model in practice through the use of role play. 		
Further inquiries: Brendan Murphy Regional Training Officer HSE West Drugs Service Hill House, Mountainview Castlebar, Co Mayo 094 9049231 Brendan.murphy@hse.ie		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the training		

Title:	New and Emerging Drugs	
Course Duration: 1 Day	Date: November 5 th	
Who should attend? Professional training targeted at An Gardaí Síochána, Drug Services, Social Work, medical staff or anyone already working in the drug area	Location: Tuam, Co. Galway	
Number of Places Available: 16	Trainers: Neil Wilson WRDTF Education Support Worker	
Course Description: The course looks at new and emerging drugs and drug use on a local, national and international basis		
Course Content: <ul style="list-style-type: none"> ▪ Emerging trends of use with ‘traditional drugs’ (e.g. Cannabis and Ecstasy) ▪ Newly established drugs (e.g. Mephedrone, MXE, and GBL) ▪ Current information on ‘Headshop’ products sourced from the internet or abroad ▪ Future possible trends of drug use 		
Learning Outcomes: <ul style="list-style-type: none"> ▪ Knowledge of new trends within existing ‘traditional’ drug categories ▪ Knowledge of new and emerging drugs & the psychonaut movement ▪ Understanding of reasons behind the changing market for substances (legal & illegal) ▪ Understanding of the likely future direction of substance use in the Irish context 		
Further inquiries: Neil Wilson on 086-7274888 neil@aidswest.ie		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the training		

Title:	SAOR: Brief Interventions for Alcohol Use	
Course Duration: 1 day		
Who should attend? Staff who have occasion to ask people about their alcohol use. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.	Dates & Locations: November 12: Roscommon November 13: Galway	
Number of Places Available: 15	Trainer: Brendan Murphy	
Course Description: A brief intervention for alcohol use is a short, helpful conversation that focuses on assessing, and if necessary, assists a person to consider and alter their alcohol consumption. Brief interventions have shown to be effective in initiating change in alcohol consumption for people with mild to moderate alcohol-related problems and in helping people with more significant difficulties to access specialised alcohol treatment services. The SAOR Model has been adopted by the HSE as the model-of-choice for delivering brief interventions for alcohol use.		
Course Content: <ul style="list-style-type: none"> ▪ An overview of the extent of alcohol-related problems ▪ An overview of Brief Intervention models ▪ A rationale for using the SAOR model ▪ An outline of the stages of the SAOR model (Support, Ask/assess, Offer assistance & Refer) ▪ A demonstration of the SAOR model in action ▪ Skills practice exercises to help transfer learning into practice 		
Learning Outcomes: <ul style="list-style-type: none"> ▪ To understand the SAOR model ▪ To know when is appropriate to use the SAOR model ▪ To be able to apply to SAOR model 		
Further inquiries: Brendan Murphy Regional Training Officer HSE West Drugs Service Hill House, Mountainview Castlebar, Co Mayo 094 9049231 Brendan.murphy@hse.ie		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the training		

Title:	New Trends in Drug Use	
Course Duration: 10-2pm	Date: Nov 18 th	
Who should attend? Youth workers/Teachers/Social workers Third level students/Community workers	Location: Tuam, Co. Galway	
Number of Places Available: 8-20 places	Trainers: Gillian Conway ESW	
Course Description: This training will provide an overview of current substance use behaviours in the west of Ireland and explore some of the reasons for and implications of same.		
Course Content: <ul style="list-style-type: none"> - Overview of common trends - Outline main substances involved in these trends and the reasons for same - Establish a link between trends in use and social, environmental, physical, mental and individual factors - Assess the risks involved in these trends - Inform and suggest alternatives to preferred substances - Explore the implications of use 		
Learning Outcomes: Trainees will be: <ul style="list-style-type: none"> - Informed of current substance use issues - Understand some of the reasons for use - Better understand some of the dependency factors that may develop from use - enhance knowledge and understanding of the link between use and wellbeing - Be able to identify the connection between drug use, physical and mental wellbeing - Have a sense of the risks involved in drug trends - Be aware of some alternatives to use 		
Further inquiries: Gillian Conway on 086-7814779 gconway@southmayo.com		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrddf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the training		

Title:	Group Facilitation Skills	
Course Duration: 4 Days	Fully Booked	
Who should attend? This course is aimed at those working in the Community/Voluntary/Drugs/Alcohol sector that are involved in or plan to become involved in the facilitation of groups. Particularly aimed at those working in relapse prevention, family support or general support groups	Dates: November 25 & 26 th and December 2 & 3.	Location: Galway
Number of Places Available: 16	Trainers: Margaret Griffin	
Course Description: The primary objective of this course is to enable participants to understand group work, theory and practice and how to facilitate groups based on a foundation of theory and proven best practice		
Course Content: <ul style="list-style-type: none"> ▪ The principles, concepts & practical skills of group work ▪ To evaluate, recognise and put into practice the theory of group work ▪ How to organise, plan, run and evaluate group sessions. ▪ To facilitate a group ▪ To understand the life cycle of groups, group dynamics, the roles people play in groups ▪ To analyse the role that power, conflict and lack of participation has on a group ▪ To learn the key process in managing a group to get the best possible outcomes ▪ To define the group parameters including your own boundaries ▪ To develop an insight into ethical behaviour as a facilitator and the use of your own power in the facilitators role 		
Learning Outcomes: To encourage participants to reflect on their own participation in groups and promote their ability to contribute positively to the groups of which they are a part		
Further inquiries: Further inquiries to info@wrdf.ie		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the 4 training days		

Title:	Developing a Substance Use Policy	
Course Duration: 2 Hours		
Who should attend? As identified in the National Drugs Strategy; there is a need to promote the development of substance use policies in a number of key areas. These are; <ul style="list-style-type: none"> • workplaces • sports, community and voluntary organisations • educational establishments 	Dates and Locations: November 28 th 11.00-13.00 in Ballinasloe December 5 th Castlebar	
Number of Places Available: Maximum 20 per seminar	Trainers: Emmet Major (Ballinasloe), Pat Conway (Mayo)	
Course Description: This two- hour seminar provides an introduction to substance use policy development for all groups, organisations, companies or clubs whether established as a specific substance use service or not. The seminar will be useful to any groups, organisations, companies or clubs who: <ul style="list-style-type: none"> • Want to develop a substance use policy • Have an existing substance use policy but would like to update it, and • In particular; groups, organisations, companies or clubs whose role involves dealing with people actively using substances. 		
Course Content: This two-hour seminar provides an introduction to substance use policy development for all groups, organisations, companies or clubs whether established as a specific substance use service or not. The seminar will be useful to any groups, organisations, companies or clubs who: want to develop a substance use policy or have an existing substance use policy but would like to update it. The seminar aims to provide you and your organisation with; <ul style="list-style-type: none"> • an understanding of the importance of having an up-to-date substance use policy; • an understanding of the stages involved in developing or updating a substance use policy; • useful templates and resources to assist in developing a substance use policy 		
Learning Outcomes: This seminar will equip those attending with the necessary information and resources to develop their own substance use policy which is appropriate to their setting. The Western Region Drugs Task Force, Community Liaison Worker will provide additional support in the community where needed.		
Further inquiries: East Galway & South Roscommon: Emmet Major communityliaison@eircom.net 087-6629953 Mayo & North Roscommon: Pat Conway pconway@southmayo.com 087-7400011		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the training		

Title:	ADHD and Substance Use	
Course Duration:	Date: December 3	
Who should attend? Youth workers and people hoping to develop a basic awareness of this health area	Location: To be confirmed	
Number of Places Available: 8-20 spaces	Trainers: Gillian Conway ESW	
Course Description: This training will provide a brief insight to ADHD and drug use and some of the coexisting factors		
Course Content: <ul style="list-style-type: none"> - An introduction to ADHD - Overview of common substances misused by people with ADHD issues - Assess some of the risks of substance use for these individuals - Address the reasons why people with ADHD might choose to use substances - Outline some of the implications of substance misuse - Explore the healthier alternatives to substance use 		
Learning Outcomes: Trainees will have: <ul style="list-style-type: none"> - A greater understanding of the issues involved in ADHD and substance use - Better knowledge of the substances misused in this circumstance - An understanding of the risks involved - Better informed of the implications of use and have knowledge of healthy alternative and advise to share 		
Further inquiries: Gillian Conway on 086-7814779 gconway@southmayo.com		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the training		

Title:	Community Reinforcement Approach (CRA)	
Course Duration: 2 Days	Date: January 28 & 29	
Who should attend? Participants must be working with an active caseload of clients in a key working or counselling capacity who may need to make some changes to their alcohol or other drug use. Ideally, participants will be open to continue on with training to become proficient in the use of CRA reaching a standard for accreditation.	Location: Galway	
Number of Places Available: 15	Trainers: Brendan Murphy	
Course Description: The Community Reinforcement Approach (CRA) is a comprehensive behavioural program for treating alcohol and other drug problems. CRA is an evidence based approach for helping people overcome alcohol and other drug related problems. It is based on the theory that environmental contingencies can play a powerful role in encouraging or discouraging drinking or other drug use. Consequently, it utilises social, recreational, familial, and vocational reinforcers to assist clients in the recovery process. Its goal is to make a sober lifestyle more rewarding than the use of substances. The course fulfils the basic training requirement for participant to go on and seek accreditation as a CRA Therapist. Additional study and supervised practice will be required in order to achieve accreditation as a CRA Therapist.		
Course Content: This short course will be based upon the work of Robert J Meyers developments in CRA. Participants will be exposed to the theoretical framework and skills necessary to practice as a CRA Therapist and will have an opportunity to observe, discuss and practice a range of CRA skills and protocols. A description of the CRA Therapist Accreditation Process will also be outlined.		
Learning Outcomes: <ul style="list-style-type: none"> ▪ To have some understanding of the principle of positive reinforcement ▪ To have some understanding of how to use the skills of positive reinforcement within a behaviour change context ▪ To have experience practicing the skills of CRA ▪ To have some ideas on how CRA could be used in their work with service users 		
Further inquiries: Brendan Murphy Regional Training Officer HSE West Drugs Service Hill House, Mountainview Castlebar, Co Mayo 094 9049231 Brendan.murphy@hse.ie		
How to book: Complete the general booking form on page 16 (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie		
Certification/Accreditation: A Certificate of Attendance will be awarded on completion of the training		

General Training Booking Form

Name of Course	
Date of Course	
Applicant Details	
Name:	
Position Held:	
Phone No:	
Email:	
Organisation Details	
Name of Organisation:	
Organisation details:	
Profile of your target group:	
Address:	
Contact Details	
Training Application	
Have you previously completed any drug/alcohol training? Please give details	
What do you hope to learn from this training?	
Any other comment	

Please return booking form to:
 Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie

Putting The Pieces Together (2 day)Booking Form

Applicant Details	
Name:	
Organisation:	
Position Held	
Profile of Target Group:	
Phone No:	
Email:	
Training Application	
Have you attended a drugs/alcohol education programme before?	YES NO
If yes, how long ago was this?	
Have you used it in your work to-date?	YES NO
If yes, give details	
Why do you want to attend this training?	
Do you currently carry out drugs/alcohol education?	Yes No
Give details	
How would you describe your knowledge of drugs (please circle one)	1. None 2. Some 3. Good 4. Personal experience/TV documentaries/Own research etc. 5. Extensive other courses completed
In your opinion, are there any barriers to you carrying out drug/alcohol education in the future?	Yes No If yes please specify
Any Other Comment	
Please return booking form to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie	

Specifically Tailored Training Request

Organisation/Group Details	
Name of Organisation:	
Services provided by your organisation:	
Profile of Target Group:	
Address:	
Phone No:	
Email:	
Contact Person:	
Training Request Information	
Target Group/audience:	
Size of group:	
Details of training requirements:	
Desired learning outcomes:	
Any specific learning requirements:	
When would you like this training to take place: (please specify date)	
Venue for training:	
Completed by:	Name: Position in Organisation: Date completed:
Any Other Comment/Info	
Please return booking form to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie	

Further Training available:

Course Name	Description	For Further Info
DEWF: QUALITY STANDARDS IN DRUG EDUCATION	This course is designed to create a shared understanding of the aims, objectives, rationale, content and use of the Quality Standards manual and its application in a range of drug education settings. It will provide trainees with an opportunity to use the manual and test its application in one of the settings.	Mayo & Roscommon Gillian Conway gconway@southmayo.com 086-7814779 Galway City & County Neil Wilson 086-7274888 Or neil@aidswest.ie
WORK PLACE DRUG AWARENESS	Half-day course highlighting work-related substance use and its inclusion in policy. An introduction to substances with potential to be used/misused in the workplace. Guidance on the signs and symptoms and how to address such issues. This course will highlight the importance of employing a substance use policy to support this issue. (This course can take place before or after the seminar on Developing a Substance Use Policy)	Mayo & Roscommon Gillian Conway gconway@southmayo.com 086-7814779 Galway City & County Neil Wilson 086-7274888 Or neil@aidswest.ie
DRUGS AND SEXUAL HEALTH	To explore the connections between drug/alcohol use and sexual activity and the consequences of sexual activity. The course will cover: Alcohol use and sexual activity; Drug use and sexual activity; Drugs connected with unwanted sexual activity (commonly referred to as 'date rape'); Drug use and the LGBT community; Dealing with consequences – sexually transmitted infections and pregnancy	Neil Wilson 086-7274888 Or neil@aidswest.ie
RESPONDING TO DRUG RELATED INTIMIDATION REPORTING PROGRAMME	This training day is to support workers (both family support workers and other workers) to facilitate family members experiencing intimidation to understand the options available to them and to avail of supports if they wish to do so. The training accompanies the 'Responding to Intimidation Policy' developed in partnership with the FSN, Gardaí and Progression Routes. The training includes inputs from the FSN, Gardaí, group discussion and skills development.	Debbie McDonagh Debbie.mcdonagh@wr.dtf.ie Or 087-6955557
PUTTING THE PIECES TOGETHER (TRAIN THE TRAINER)	A one-day course to enable participants to deliver the two-day <i>Putting the Pieces Together</i> training programme to colleagues within their own organisation. Course Content: <ul style="list-style-type: none"> ▪ Exploring the differing philosophies of drug and alcohol education approaches ▪ Considering how barriers to introducing <i>Putting the Pieces Together</i> can be overcome ▪ Preparing, delivering and receiving feedback on presentations to colleagues covering the major themes of <i>Putting the Pieces Together</i> ▪ Integrating quality standards (DWEF) into <i>Putting the Pieces Together</i> delivery ▪ <i>Putting the Pieces Together</i> Guidelines 	Mayo & Roscommon Gillian Conway gconway@southmayo.com 086-7814779 Galway City & County Neil Wilson 086-7274888 Or neil@aidswest.ie
PUTTING THE PIECES	A one-day course to enable participants who have already completed the two-day <i>Putting the Pieces To-</i>	Mayo & Roscommon Gillian Conway

TOGETHER (REFRESHER)	<p><i>gether</i> training programme to refresh and update their skills.</p> <p>Course Content:</p> <ul style="list-style-type: none"> • Sharing good practice amongst participants • How the WRDTF can support you in devising programmes • Issues arising from using the <i>Putting the Pieces Together</i> manual with young people • New developments and trends concerning substance misuse 	<p>gconway@southmayo.com or 086-7814779</p> <p>Galway City & County Neil Wilson 086-7274888 Or neil@aidswest.ie</p>
Developing A Substance Use Policy	<p>This two-hour seminar provides an introduction to substance use policy development for all groups, organisations, companies or clubs whether established as a specific substance use service or not. The seminar will be useful to any groups, organisations, companies or clubs who: want to develop a substance use policy or have an existing substance use policy but would like to update it. The seminar aims to provide you and your organisation with; an understanding of the importance of having an up-to-date substance use policy; an understanding of the stages involved in developing or updating a substance use policy; useful templates and resources to assist in developing a substance use policy</p>	<p>Galway City & Connemara Liam O Loughlin Liam.oloughlin@gretb.ie East Galway & South Roscommon Emmet Major communityliaison@eircom.net Mayo & North Roscommon Pat Conway pconway@southmayo.com</p>
Drug Awareness	<p>A one day workshop to up-skill and inform participants on substance use, its effects and appropriate responses to situations.</p> <p>Course Content:</p> <p>This course will explore the issue of drugs, and will provide an overview of drug types and effects including new and emerging drugs as well as over-the-counter and prescription medication. It will address the pre-empting factors and how to establish positive alternatives. It incorporates a harm reduction approach in line with best practice standards and will provide information on national findings, reports and campaigns. The course will address models of substance use and the in-depth effects of use, incorporating brain chemistry alteration. It will address current concerns and risks and signpost support and information services. It will also look at how to deal with situations and use of brief interventions</p>	<p>Mayo & Roscommon Gillian Conway gconway@southmayo.com or 086-7814779</p> <p>Galway City & County Neil Wilson 086-7274888 Or neil@aidswest.ie</p>
Alcohol Awareness	<p>A one-day training course exploring and developing knowledge of alcohol and its related issues.</p> <p>Course Content:</p> <p>The training will explore alcohol from a physiological, cultural and behavioural perspective. It will provide detailed information on the effects of alcohol as a chemical; our cultural relationship with alcohol in Ireland; national statistics and research developments and the sometimes co-existing mental health issues. It will address the link between alcohol and risk-taking behaviours, sexual health and mental wellbeing. This course employs harm reduction techniques for people</p>	<p>Mayo & Roscommon Gillian Conway gconway@southmayo.com or 086-7814779</p> <p>Galway City & County Neil Wilson 086-7274888 Or neil@aidswest.ie</p>

	working in this area. It will address young people and 'binge' behaviour, explore preventative and protective factors, and focus on positive/healthy alternatives. It incorporates activities and group work.	
Young Peoples Programmes	<p>From time to time the Education Support Workers develop and deliver programmes to youth groups or groups deemed at risk, or specific target groups of the national drugs strategy. Resources do not allow for this to be done on a regular basis but if the group is deemed in need of a programme delivered by experienced workers then a programme can be delivered to that group following a needs assessment meeting between the organisation/group and the Education Support Worker.</p> <p>The programmes generally consist of 6 to 8 week sessions and are delivered by the Education Support Worker in conjunction with a staff member of the group/organisation. The exact details of the programme are agreed upon by those involved in the lead up to its delivery.</p>	<p>Mayo & Roscommon Gillian Conway gconway@southmayo.com or 086-7814779 Galway City & County Neil Wilson 086-7274888 Or neil@aidswest.ie</p>
Solution Focused Brief Intervention	<p>Solution Focused Brief Therapy (SFBT) is a short-term goal-focused psychotherapy that helps clients change by creating solutions to their difficulties rather than dwelling on the cause of their problems. SFBT was developed by Steve de Shazer and Insoo Kim Berg. This short course will allow participants to consider how the SFBT approach could be used with their service users and will provide an opportunity to observe, discuss and practice a range of SFBT skills.</p>	<p>Brendan Murphy, Brendan.murphy@hse.ie 094 9049231</p>
Over-the-Counter Medication	<p>A one-day training course that introduces over-the-counter substances with regard to their main effects. This training focuses on potential unwanted effects or harms that can be caused by the contra-indicated use, misuse and overuse of medication and its interaction with other substances. The course employs a harm reduction approach and enhances one's ability to identify risks and make informed, safer personal and professional decisions. It encourages the user to explore reasons for use and causative factors, highlighting the potentially damaging pattern that symptomatic responses can harvest, and explores healthy alternatives.</p>	